

FOR ADULTS 50+

LIFELONG LEARNING

INSTITUTE

DISCOVER THE POSSIBILITIES

SPRING 2019

EXPLORE your imagination ...

YOU ARE WHAT YOU WRITE



PLUS COURSES ABOUT:

- Art and Architecture
- Books and Literature
- Current Events
- Health and Wellness
- History
- Local History and Culture
- Music
- Personal Interest
- Writing
- Now offering night classes

harpercollege.edu/lli

 Harper College®

LIFELONG LEARNING

INSTITUTE

DISCOVER THE POSSIBILITIES

Dee McConnell
Program Leader, Lifelong Learning Institute
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Continuous learning helps keep our mind sharp and improves memory as we age. It's a known fact that learning in general has beneficial effects on the brain. If you haven't stepped out of your routine for a while or haven't taken on a new challenge, the experience may feel a little daunting. With Lifelong Learning, this feeling is easily overcome as our program helps you gain confidence in the ability to learn and share information with others.

Our accomplished professors and instructors offer learning opportunities that feed your mind. With day and evening courses available, our flexible course dates and times are designed to accommodate the most demanding schedules. Our diverse consortium of courses will enlighten even the most epistemic learners.

Increase your benefits of learning by implementing breathing exercises. Research has found that deep, slow breathing helps stabilize thinking and make new experiences easier. It's an effective tool that keeps one relaxed and calm. The power of LLI courses and deep breathing techniques equate to a greater ability to feel socially and personally at ease.

LLI is proud to offer courses that assist on all levels of development and social awareness. Please take a moment to peruse our spring courses. You are guaranteed to find something that resonates with you and will assist in your ongoing development.



Since 2002, the Harper College Lifelong Learning Institute (LLI) has provided enriching and entertaining continuing education opportunities to adults age 50+ in our community. LLI's innovative classes appeal to every interest – with no background, homework or grades necessary.

Why Become a Member?

Membership Has Benefits:

- Access to exclusive members-only courses
- Discounts on designated courses
- One free ticket to Harper's Community Music and Arts Center's performance of The World Music Ensemble
- Discount on all Harper Ensemble Theatre Company performances
- LLI course brochure

Membership purchase is now available online at ce.harpercollege.edu for the full year or for single term(s). See details on p. 6 or call 847.925.6300 to learn more.

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DISCOVER THE POSSIBILITIES

SPRING 2018

EXPLORE your imagination ...

YOU ARE WHAT YOU WRITE



Art-Inspired Writing: Impressionism and Munch (p 22)

Art-Inspired Writing: Monet and Pissarro (p 22)


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 Harper College

A New Way to Keep Learning

*The beautiful thing about learning is nobody can take it away from you.
B. B. King*

Here at Harper CE, we're committed to the success of every student.

This has led us to build our new website and enrollment system to make it more accessible and convenient for you to pursue your learning, training, and educational goals with our career development and personal interests courses for ages 8 to 88. The new website and system are designed as a gateway to hundreds of courses, classroom-based and completely online, to help improve our outreach and relevance to changing educational needs.

Getting Started

If you have taken Harper CE courses in the past, you probably already have an account on the new site, along with your academic history at Harper CE. Visit <https://ce.harpercollege.edu>, click Login, then Student Login. Use I have an account already to access your existing Student Profile. Follow the instructions and in only a few minutes, you'll be ready to enroll in any available section.

If you're new to Harper CE, visit <https://ce.harpercollege.edu>, click Login, then Student Login. Use I am a new user to create a new Student Profile. Follow the instructions and in only a few minutes, you'll be ready to enroll in any available section.

Call 847.925.6300 if you encounter any sign-in difficulties.

Stay Engaged

- **Register early.** Some classes fill up fast, but classes not meeting minimum enrollment requirements are canceled. So, either way, you should enroll as early as possible.
- **Keep this Course Schedule handy.** Some courses meet for only one session, while others run for up to 16 weeks. Courses start at various dates throughout the term.
- **Stay up to date** with Harper CE by visiting ce.harpercollege.edu and follow us on FaceBook, Pinterest and Twitter.
- **Call us for information** at 847.925.6300, Monday-Friday, 8:30 a.m.-4:30 p.m. Closed Saturdays, Sundays, and college holidays.

The image shows a screenshot of the Harper College Non-Credit Continuing Education website. The navigation bar at the top includes links for Courses, Digital Badges, Programs, Request Information, Login, and Cart. The main banner features a man holding a wine glass with the text "BECOME more" and a search bar labeled "search courses...". Below the banner, there is promotional text: "Get ready for a new job or enrich your life with courses from Harper College Continuing Education. We offer hundreds of classes and programs year around for learners from 8-88+. Thanks for checking us out!". At the bottom, there is a section for "Featured Courses and Programs" with a sub-header "Oil Painting" and several small images of people participating in activities.

Browse courses, digital badges and events by Program area.

Login

Shopping Cart

Search for Courses by Course title, number or keyword.

Featured Courses and Programs

Learn more about our new registration system at our Information Sessions on 1/23 and 3/20. See p. 6 for details.

Announcing our New Flexible Membership Plan

Purchase a membership per term or for the full year.

Pricing per term:

\$25 for Spring Term

\$20 for Summer Term

\$25 for Fall Term

OR purchase a 1-year membership for \$50.

Current annual memberships are valid for Fall 2018, Spring 2019 and Summer 2019 terms.

2019-2020 annual membership will be available for Fall 2019, Spring 2020 and Summer 2020 terms.

Join Us

Learn more about our new membership options and our multi-faceted LLI program at our upcoming information sessions.

RSVP today at harpercollege.edu/lli or call 847.925.6300.

LLI Information Sessions

Wednesday, January 23 & Wednesday, March 20 5:30-8:30 p.m.
Harper Main Campus, Building W, Rooms W218 and W219

Agenda:

- | | |
|--------------|---|
| 5:30-6:15 PM | Registration Overview with Q & A (W218) |
| 6:15-6:30 PM | Break |
| 6:30-7:30 PM | LLI Information Session (W218) |
| 7:30-8:30 PM | Pizza and Meet & Greet with LLI Team (W219) |



ART AND ARCHITECTURE

IMPRESSIONISM I & II

NEW!

Impressionism -why do we enjoy this period of art so much? With a look at one of the most appreciated periods in art history, we examine the major Impressionist artists during the period of 1855-1886 with a focus on the New Paris - the city of leisure and entertainment. Instead of a chronological viewpoint, major cultural themes current in 19th century Paris are addressed through the beauty of the art. Familiar artists such as Manet, Renoir, Monet will be highlighted due to the artistic merit of their work. Class meets April 16th and April 23rd.

LLI0134-001 Harper Main Campus
4/16/19 TU 1:00 PM-2:30 PM
Instructor: Susan Langworthy
MEMBER FEES: \$35 NON-MEMBER FEES: \$70

LLI0134-001 Harper Main Campus
4/23/19 TU 1:00 PM-2:30 PM
Instructor: Susan Langworthy
MEMBER FEES: \$35 NON-MEMBER FEES: \$70

PABLO PICASSO: THE GENIUS WHO CHANGED US

NEW!

The Spanish artist Pablo Picasso was exceptionally gifted. His career spanned most of the 20th century and changed our way of seeing. His exceptional gifts were apparent from earliest childhood. By the time he settled in Paris in 1904, he had produced outstanding works, including those from his Blue Period and Rose Period. In 1907 he shocked the world with his first Cubist painting. Picasso outraged the world with his revolutionary and new visions. His varied lifestyle encompassed a number of locations, several wives, mistresses and children and a series of deep friendships with other artists, poets, and writers.

LLI0151-001 Harper Main Campus
3/22/19 FR 10:00 AM-12:30 PM
Instructor: Ralph Burin
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

PAUL GAUGUIN: THE FRENCH ARTIST

NEW!

The Peru born, French artist Paul Gauguin was a man who defied definition. He saw himself as an artist-artisan, one who championed experimentation with unconventional media and techniques ranging from novel approaches to painting, ceramics, and sculptures in wood, to innovative printmaking. Paul Gauguin is known for his extended voyages to the exotic islands of Tahiti and the Marquesas, and was described by those who knew him as a querulous, hard drinking individual. Unable to find the paradise he dimly remembered from early childhood, he created his own vision in art, but only at the cost of self-destruction.

LLI0126-001 Harper Main Campus
1/18/19 FR 11:00 AM-12:30 PM
Instructor: Ralph Burin
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0126-002 Harper Main Campus
5/7/19 WE 10:30 PM-12:00 PM
Instructor: Ralph Burin
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

POP-UP ART CARDS FOR VALENTINE'S DAY

NEW!

You will learn how to create three-dimensional Valentines Day cards that come to life when opened! Pop-up cards can be simple or meticulously handcrafted projects taking ordinary ideas and making extraordinary cards. For this special time of the year, you will learn ideas that will surprise and delight as cards or gifts. Warning: You may not want to give them away and maybe you are the one who needs a card like this! Now who's the cool creative artist? You!

LLI0159-001 Harper Main Campus
1/22/19 TU 11:00 AM-1:00 PM
Instructor: Ann Leslie
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0159-002 Addolorata Villa
1/31/19 TH 11:00 AM-12:00 PM
Instructor: Ann Leslie
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0159-003 Brookdale Des Plaines
2/1/19 FR 11:00 AM-1:00 PM
Instructor: Ann Leslie
MEMBER FEES: \$19 NON-MEMBER FEES: \$38



ADDOLORATA VILLA

FRANCISCAN COMMUNITIES

LLI is proud to be partnered with Addolorata Villa. Be sure to check out these classes, which meet at Addolorata Villa:

Course Title	Start Date
Pop-Up Cards for Valentine's Day	Jan. 31
Norway: Ferry Through The Fjords	Feb. 12
The Woman Behind The Teddy Bear-Margarete Steiff	Mar. 7
Uffizi I & II	Apr. 18

SANTIAGO CALATRAVA: THE POETICS OF MOVEMENT

NEW!

Santiago Calatrava, the Spanish architect whose practice is based in Switzerland, and whose style has been identified as universal, has developed a unique sense of architectural morphology that overlaps structure with what some have expressed as a sense of poetic movement. His designs of bridges, airport terminals, railway stations and art museums are revolutionary, combining a sense of opposing asymmetrical forces with mass that elicit emotional responses from their viewers. Calatrava's most recent work in the United States, the 2016 PATH Transportation Hub in NYC, is a gleaming white asymmetrical structure near Ground Zero and 50 feet below it links New Jersey, Manhattan and John F. Kennedy International Airport.

LLI0154-002 Harper Main Campus
2/26/19 TU 1:00 PM-2:30 PM
Instructor: Ralph Burin
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

THE WATERCOLOR OF WINSLOW HOME & THE COLOR OF LIGHT

NEW!

American born Winslow Homer's watercolors have remained unmatched in their ambition and expression of power. Nearly 700 works in watercolor have survived, and they constitute perhaps the single most important body of work ever created in that medium in America. Late in his life, Homer is said to have written, "You will see, in the future I will be remembered by my watercolors." And so it appears, because today his watercolors are among the prized possessions of many of America's finest art museums. Altogether they represent a remarkable achievement for this artist.

LLI0153-001 Harper Main Campus
2/11/19 MO 1:00 PM-2:30 PM
Instructor: Ralph Burin
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

UFFIZI I & II

When we think of the Uffizi, we think of magnificent works of art from the 15th - 16th centuries. However, with a second look, we discover not only a rich artistic heritage of earlier and later periods, but also the magnificent architecture of the Uffizi and its place within the Florentine framework. Many of these works will be familiar: The Annunciation, Simone Martini; The Birth of Venus, Sandro Botticelli; the Doni Tondo, Michelangelo and Bacchus by Caravaggio. With this class, you will gain a better understanding of the significance and value of Western art of which we are the beneficiaries. Class meets twice.

LLI0138-002 Addolorata Villa
4/18/19-4/25/19 TH 10:30 AM-12:00 AM
Instructor: Susan Langworthy
MEMBER FEES: \$35 NON-MEMBER FEES: \$70

LLI0138-001 Harper Main Campus
5/2/19-5/9/19 TH 1:00 PM-2:30 PM
Instructor: Susan Langworthy
MEMBER FEES: \$35 NON-MEMBER FEES: \$70

■ BOOKS AND LITERATURE

COZY MYSTERIES BOOK CLUB



Cozy Mysteries are to die for! Maybe not literally, but cozy fans are some of the most devoted readers in fiction. Join this book club to explore the charming elements of this beloved genre, including an amateur sleuth, quirky characters, quaint village, red herrings and justice served. The monthly reading list for this series is: January 31 - The Quiche of Death by M.C. Beaton, February 28 - Chocolate Chip Cooke Murder by Joanne Fluke, March 21 - Gin and Daggers by Jessica Fletcher and Donald Bain, and April 18 - Murder at the Vicarage by Agatha Christie. Please read each book before class and be ready to share a deadly fun discussion led by cozy mystery lover and author Laura Ehrke. Meets 1/31, 2/28, 3/21, and 4/18.

LLI0128-001 Harper Main Campus
1/31/19-4/18/19 TH 1:30 PM-3:30 PM
Instructor: Laura Ehrke
MEMBER FEES: \$70 NON-MEMBER FEES: \$140

ROMANCING THE READ BOOK CLUB

Ready for a read that will make you laugh, cry, think, and guarantees a happy ending? Give romance fiction, America's best-selling genre, a try! The reading list for this book club includes two historical and two contemporary romances: Persuasion by Jane Austen (Tues. Jan. 29), A Taste for Scandal by Erin Knightley (Tues. Feb. 26), Property of a Noblewoman by Danielle Steel (Tues. Mar. 19), and If You Only Knew by Kristan Higgins (Tues. April 20). Please read each book before class and be ready to join in a fun and spirited discussion with romance author Elizabeth Harmon. Book club meets January 29th, February 26th, March 19th, and April 30th.

LLI0167-001 Harper Main Campus
1/29/2019-4/30/2019 TU 6:30 PM-8:30 PM
Instructor: Elizabeth Harmon
MEMBER FEES: \$51 NON-MEMBER FEES: \$102



■ CURRENT EVENTS

ARTIFICIAL INTELLIGENCE: CHANGING OUR WORLD

IBM's "Watson" super computer made headlines when it defeated two human champions at a game of Jeopardy. Now, Watson is applying its powers to helping doctors treat cancer. From Siri and Alexa to self-driving vehicles, artificial intelligence is enriching our lives, but at the same time may be obsoleting jobs. Peggy Eastwood explores this rapidly growing field and its implications.

LLI0039-004 Harper Main Campus
3/21/2019 TH 6:30 PM-7:30 PM
Instructor: Peggy Eastwood
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0039-005 The Garlands
3/28/2019 TH 1:30 PM-2:30 PM
Instructor: Peggy Eastwood
MEMBER FEES: \$19 NON-MEMBER FEES: \$38



LLI is proud to be partnered with Brookdale. Be sure to check out these classes, which meet at Brookdale:

Course Title	Start Date
Why Is the Number 12 the Perfect Number?	Jan. 29
Pop-Up Cards for Valentine's Day	Feb. 1
Navigating Portugal	Feb. 12



CHECKING IN ON GERMANY'S CURRENT AFFAIRS

NEW!

Checking in on Germany's current affairs! After the last German elections and their upsetting results, it took almost six months until Chancellor Angela Merkel was able to create a new coalition government. Last spring Europe's most populous nation was taken by surprise when the Trump administration threatened high tariffs on luxury cars and other products made in Germany. Add to that the challenging integration of Muslim refugees and the disappointment of many East Germans over unequal living conditions thirty years after the Fall of the Berlin Wall-; no wonder the country is currently experiencing turbulent times. Join Germany Expert Anette Isaacs for a fascinating discussion of her home country's current affairs!

LLI0140-002 Barrington's White House
2/7/19 TH 1:30 PM-3:30 PM
Instructor: Anette Isaacs
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0140-001 Harper Main Campus
4/1/19 MO 1:00 PM-3:00 PM
Instructor: Anette Isaacs
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0140-004 Friendship Village
3/28/19 TH 1:00 PM-2:30 PM
Instructor: Staff
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0140-003 The Garlands
4/9/19 TU 1:00 PM-3:00 PM
Instructor: Staff
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

CONTROVERSIES WITH CONJOINED TWINS AND WRONGFUL LIFE

NEW!

Even with early screening and testing, occasionally a rare medical issue will challenge parents and modern medicine. Hospital policies, doctor's medical opinions and parental love can be in conflict when dealing with these cases. Who decides the final course of action? Instructor, Suzanne Rausch will discuss these cases that have demonstrated such conflicts, including cases of conjoined twins and other rare conditions that challenge the best skilled medical professionals and our notion of a quality of life. This course meets April 3rd and April 10th.

LLI0131-001 Harper Main Campus
4/3/19-4/10/19 WE 1:00 PM-2:30 PM
Instructor: Suzanne Rausch
MEMBER FEES: \$35 NON-MEMBER FEES: \$70

FOREIGN POLICY ROUNDTABLE

NEW!

Professor Gary Midkiff will lead a monthly, two-hour group discussion about current and future issues affecting American foreign policy and the range of responses we might choose for each of those issues. Participants will help select the topics to be discussed at each meeting and via their e-mail addresses will be given topics to prepare for, articles to read, and videos to watch. During the summer session, topics to be covered will include: The Future of the Kurds, The Proxy War in Yemen and Pakistan Confronts the Taliban.

LLI0017-003 Harper Main Campus
1/28/19 MO 9:00 AM-11:00 AM
Instructor: Gary E. Midkiff
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

GREAT DECISIONS DISCUSSION

You will engage in a lively exchange of opinions on world events led by Gary Midkiff. Participants will acquire the 2019 book from the Foreign Policy Association and read one chapter for each of the 8 sessions. Class dates: 2/4/19, 2/18/19, 3/4/19, 3/18, 4/1/19, 4/15/19, 5/6/19, 5/20/19 from 9:00 A.M. to 11:00 A.M.

LLI0008-002 Harper Main Campus
2/4/19-5/20/19 MO 9:00 AM-11:00 AM
Instructor: Gary E. Midkiff
MEMBER FEES: \$152 NON-MEMBER FEES: \$304



BACOA

Barrington Area Council on Aging, Inc.
Serving seniors, family caregivers, and the community

LLI is proud to be partnered with Barrington Area Council on Aging (BACOA). Be sure to check out these classes, which meet at Barrington's White House, 145 W Main St, Barrington:

Course Title	Start Date
The 27 Amendments of the U.S. Constitution	Jan. 24
Checking in on Germany's Current Affairs	Feb. 7
You Are What You Write	Apr. 4
Telling My Story	Apr. 25
History of the 7 Barrington Suburbs	May 9
The Presidency of Harry Truman	May 23

Free, 3 hour parking is available in the lot next to the White House and in designated spaces at the Jewel Grocery Store, located across the street.

INTRODUCTION TO DECONSTRUCTING THE NEWS

This class is part of the Illinois Press Association's News Literacy/ Civic Engagement project which began in 2015. With the term "fake news" so prevalent, how can we determine what is reliable? With "posttruth" and "truthiness" in our vocabulary, is truth relevant in the news? Learn the secrets to unlocking the truth for yourself. This introductory course provides an overview of news literacy and tools you need to make your own informed analysis of news stories. Laura Ehrke helps you deconstruct a news story and evaluate the elements that make it news (or not).

LLI0158-001 Harper Main Campus
1/17/19 TH 1:00 PM-3:00 PM
Instructor: Laura Ehrke
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

NATURAL DISASTERS- HOW TO PREPARE FOR SPRING & SUMMER



Just when you thought it was safe to leave the house, Mother Nature has a hissy fit. Each season of the year has its own unique dangers that we need to be aware of to stay out of harm's way. Natural disasters are 24/7 anywhere - everywhere equal opportunity events getting worse with Climate Change. Destructive, overwhelming and shocking -; how do we prepare? Come away with solid ideas you can implement for yourself and your family because hiding under the bed is an option just not a very good one! Taught by a CERT - Community Emergency Response Team member.

LLI0166-001 Harper Main Campus
1/4/19 FR 10:00 AM-12:00 PM
Instructor: Ann Leslie
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

PRESIDENTIAL FOREIGN POLICY: CONTINUITY AND CHANGE



Professor Levin, political science department, will take a broad look at the role of president in foreign policy. He will then address specific policies of recent presidents and how they fit within modern presidential history. Towards the end of the presentation, he will provide time for questions related to policies occurring today.

LLI0177-001 Harper Main Campus
1/22/19 TU 6:00 PM-8:00 PM
Instructor: Andrew Levin
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0177-002 Friendship Village
1/24/19 TH 1:30 PM-3:00 PM
Instructor: Andrew Levin
MEMBER FEES: \$19 NON-MEMBER FEES: \$38



THE NEW MIDDLE EAST



Professor Levin, political science department, will explain the latest trends and news from the Middle East. He will address such important issues as the ongoing conflict in Syria, regional power plays and proxy wars, the continued movement away from the Arab Spring, and recent developments related to Israel.

LLI0144-001 Friendship Village
4/22/19 MO 1:30 PM-3:00 PM
Instructor: Andrew Levin
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

THE NEWS PANEL LUNCH CLUB



Fact or fake? In today's expanding media landscape, it can be hard to tell. Join this monthly discussion group to examine current news stories and determine their reliability. Prior to each meeting, a list of news topics will be sent to you to vote on. Based on the results, topical articles and/or video clips will be posted on our website: harpercollegece.com/newspanel (or may be emailed upon request) for you to review before class. Using the news literacy toolbox, Laura Ehrke will lead the panel in deconstructing the stories to discuss. Prior Deconstructing the News course is recommended but not required. Pizza is provided. Meets 1/24, 2/21, 3/14, and 4/11.

LLI0161-001 Harper Main Campus
1/24/19-4/11/19 TH 1:00 PM-3:00 PM
Instructor: Laura Ehrke
MEMBER FEES: \$80 NON-MEMBER FEES: \$160

WHAT WE ARE LEARNING FROM YELLOWSTONE NATIONAL PARK



Americans can take pride in the initiation of the national park concept. Since its legal beginnings with the introduction of Yellowstone National Park in 1872, Americans have had to deal with issues that have become a national concern and triggered ongoing political conversation with regards to wildlife management. Conservation and recreation have often come into conflict. We will discuss the history and the current state of key issues that we are working through and learning about in our nation's first national park.

LLI0130-001 Harper Main Campus
1/8/19 TU 10:00 AM-12:00 PM
Instructor: Suzanne Rausch
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0130-004 Friendship Village
1/31/19 TH 2:30 PM-3:30 PM
Instructor: Suzanne Rausch
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0130-002 Harper Main Campus
4/23/19 TU 6:30 PM-8:30 PM
Instructor: Suzanne Rausch
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

HEALTH AND WELLNESS

BASIC OF ESSENTIAL OILS FOR NATURAL HEALTHCARE



Long before modern medicine, people used plants for healing. Essential oil use is again being recognized as an effective, natural solution for health issues. This is a wonderful beginners class for anyone interested in the mysteries of essential oils. Expert Dawn Pennacchia, will discuss history, importance of quality, how to use the oils, along with the most important part- sampling the oils. Attendance in this first class is highly recommended before attending other classes in the essential oils series.

LLI0123-1 Harper Main Campus
1/7/2019 MO 10:30 AM-12:00 PM
Instructor: Dawn Pennacchia
MEMBER FEES: \$22 NON-MEMBER FEES: \$44

**BLUE ZONE:
HOW TO LIVE LONGER**



National Geographic has just released their groundbreaking updated Blue Zones issue featuring those fortunate folks living in the Blue Zones. Take a virtual journey with Joan Davis RN to discover how these lucky elders manage to live especially long and vibrant lives. Learn how you can use the lessons learned to create your own Blue Zone in your community and home. Research has shown there are habits and lifestyle choices you can make right now that will increase your chances of living well into your 90's and beyond. Grab your detective hat and let's go!

LLI0132-001 Harper Main Campus
1/10/19 TH 10:00 AM-11:30 AM
Instructor: Joan Davis
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

ESSENTIAL OILS AND EMOTIONS



At a time when life is non-stop and many people are more overwhelmed than ever before, it is so important to find ways to eliminate stress in your life. Essential Oils can be a wonderful tool to use when life seems to be too much. We will learn which oils are best for different situations and the best way to use the oils to bring peace and calm into your life.


LLI0181-002 Harper Main Campus
3/18/2019 MO 7:00 PM-8:00 PM
Instructor: Staff
MEMBER FEES: \$22 NON-MEMBER FEES: \$44

ESSENTIAL OILS AND THE SPA



Time to pamper yourself! Our essential oil are concentrated hydrophobic liquid containing volatile aroma compounds from plants. Learn how to relieve all of your stress from the day. Dawn, your expert in essential oils will explore making a natural facial cleanser that is cost effect and better than most store brands. Learn how to make your own sugar scrub. Sweet to touch and taste. Join Dawn, in her exciting exploration of natural facial cleansers.

LLI0148-1 Harper Main Campus
1/28/2019 MO 10:30 AM-12:00 PM
Instructor: Dawn Pennacchia
MEMBER FEES: \$22 NON-MEMBER FEES: \$44



LLI is proud to be partnered with Friendship Village. Be sure to check out these classes, which meet at Friendship Village:

Course Title	Start Date
Presidential Foreign Policy: Continuity and Change	Jan. 24
What We Are Learning from Yellowstone National Park	Jan. 31
History of the 7 Barrington Suburbs	Feb. 14
Checking in on Germany's Current Affairs	Mar. 28
Mystery 19 Crimes 3	Apr. 11
The New Middle East	Apr. 22
Eating Your Way Across The USA	Apr. 26
Grief: Learn To Thrive and Not Just Survive Loss	May 10

We provide complimentary valet parking for Harper members who attend our lectures. Come inside and request valet parking.

GRIEF: LEARN TO THRIVE AND NOT JUST SURVIVE LOSS



We've all experienced loss and the grief that accompanies it. It's part of being human. Author of Lessons from the Ledge and life coach, Nancy Jo Nelson, shares her experiences learned the hard way and creates a safe, supportive environment to navigate our individual journeys, no matter where we are in the process. Find out you are not alone and are far stronger than you ever imagined.

LLI0172-001 Harper Main Campus
2/27/2019-3/13/2019 WE 10:00 AM-12:00 PM
Instructor: Nancy Jo Nelson
MEMBER FEES: \$51 NON-MEMBER FEES: \$102

DOUBLE-STUFFED, CARETAKING AND GRANDPARENTING



Life, and all its aspects, can bring both joy and hardships. Through professor-led topics with guidance and conversation, we will work together towards gaining understanding while gathering tools to help guide those 50+ through various aspects of this new stage of life. Through input within this class, you can gain supportive ways to integrate your best options that you presently have while focusing on creating steps that help create your desired future possibilities. Through encouragement, information and breakaway group discussion, we will work towards a better understanding with the goal of each student leaving with a tool set to help them in their daily life. We'll laugh, too! This class meets April 8th, 15th, and 22nd.

LLI00180-001 Harper Main Campus
4/8/2019-4/22/2019 WE 6:30PM-9:00PM
Instructor: Lynn Hennessey
MEMBER FEES: \$50 NON-MEMBER FEES: \$105

LOVE WHO YOU ARE AND WHO YOU ARE BECOMING



Learn how to live your best life in an interactive setting and tap into the power of being your best, authentic self. Learn the powerful questions to ask yourself when encountering roadblocks and fear. Understand how your past affects your present and future and use tools to claim your innate excellence. Build and strengthen relationships and take advantage of working with a certified professional life coach to move forward in all aspects of your life. Learn how to make the most out of every moment and attract more joy, love and laughter into your life moving forward. This course meets 2/6/19, 2/13/19, 2/20/19.

LLI0173-001 Harper Main Campus
2/6/2019-2/20/2019 WE 6:30 PM-8:30 PM
Instructor: Nancy Jo Nelson
MEMBER FEES: \$51 NON-MEMBER FEES: \$102

SURVIVING THE COLD/FLU SEASON



Dawn Pennacchia's first class provided the student with a basic understanding of essential oils. This class will prepare you with a medicine cabinet of ideas on how to navigate through the cold/flu season using natural solutions. Natural essential oils have been used for centuries for their healing and preventative properties. We will discuss oil blends that can be used for the specific purposes of preventing colds and flu. Dawn will arm you with the secrets on how to prevent illness before it strikes.

LLI0124-1 Harper Main Campus
1/14/2019 MO 10:30 AM-12:00 PM
Instructor: Dawn Pennacchia
MEMBER FEES: \$22 NON-MEMBER FEES: \$44



Lifelong Learning Information Sessions

DATE: Wednesday, January 23
Wednesday, March 20
TIME: 5:30 - 8:30 PM
PLACE: Harper Main Campus
Building W
Rooms W218 and W219

**RSVP at: harpercollege.edu/lli
or call 847.925.6300.**

HISTORY

A TRIBUTE TO THE GREATEST GENERATION

NEW!

Join author Jerome M. O'Connor in his first class following publication of *THE HIDDEN PLACES OF WORLD WAR II*, heralding the 75th anniversary in 2020 of the end of the war. Enter places that time forgot but which still exist, including the Nazi U-boat bases in France, remains of the USAAF bases in England, the mansion where General Eisenhower made the D-Day decision, and more. Learn about the heroism of B-24 pilot and actor Jimmy Stewart and see where he was based. View the mammoth Chicago factories then and now that made possible the arsenal of democracy.

LLI0170-001 Harper Main Campus
5/14/19 TU 1:00 PM-2:30 PM
Instructor: Jerome O'Connor
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

GERMANS AND JEWS AN UNEASY RELATIONSHIP

NEW!

Germans and Jews - looking at an uneasy relationship through the lens of a Documentary movie In this 80th anniversary year of the beginning of World War II, it is particularly poignant to look at the rather uneasy current relationship between the mostly Christian Germans and their Jewish compatriots. Led by German Historian Anette Isaacs, participants will watch and examine the fascinating German- American documentary *Germans and Jews* from 2016 that is, as the movie critic of the *New York Times* (Ken Jaworowski) pointed out: "part psychology seminar and sociology course, *Germans and Jews* is a real cause for hope, despite history."

LLI0139-001 Harper Main Campus
2/19/19 TU 1:00 PM-3:00 PM
Instructor: Anette Isaacs
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LEVI STRAUSS THE GOLD RUSH AND THE BLUE JEANS

NEW!

They have gone global! Everybody loves them! Everybody wears them! Blue jeans are no doubt an iconic garment and tell the legendary story of the American West. But did you know that they were made world famous by an adventurous Bavarian Jew who combined his marvelous business sense with German ingenuity? German historian Anette Isaacs, M.A., will lead you through this fascinating story into the days of the Gold Rush, Levi Strauss and his amazing life!

LLI0086-003 Harper Main Campus
4/2/19 TU 1:00 PM-3:00 PM
Instructor: Anette Isaacs
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

MYSTERY: 19 CRIMES 1

NEW!

It's the Industrial Revolution, people are increasingly moving to cities, prisons are overcrowded and petty crime is on the rise. Queen Victoria decides banishment to Australia solves these problems. 165,000 convicts made the long voyage by sea to Australia. Surviving the boat ride and exile, their stories survive into the 21st century with *19 Crimes*, wait for it!!!! *19 Crimes, Wine!* The men and women on the labels are not fiction. We will explore their lives and their worlds. But beware, if you steal cheese or bacon, you will be tried, found guilty and shipped off to Australia! This course meets February 5th, 19th, and 26th.

LLI0162-001 Harper Main Campus
2/5/19-2/26/19 TU 10:00 AM-12:00 PM
Instructor: Ann Leslie
MEMBER FEES: \$51 NON-MEMBER FEES: \$102



**MYSTERY:
19 CRIMES 2**



It's the Industrial Revolution, people are increasingly moving to cities, prisons are overcrowded and petty crime is on the rise. Queen Victoria decides banishment to Australia solves these problems. 165,000 convicts made the long voyage by sea to Australia. Surviving the boat ride and exile, their stories survive into the 21st century with 19 Crimes, wait for it!!!! 19 Crimes, Wine! The men and women on the labels are not fiction. We will explore their lives and their worlds. But beware, if you steel cheese or bacon, you will be tried, found guilty and shipped off to Australia! This course meets March 11, March 18 and April 1

LLI0163-001 Harper Main Campus
3/11/19-4/1/19 MO 10:00 AM-12:00 PM
Instructor: Ann Leslie
MEMBER FEES: \$51 NON-MEMBER FEES: \$102

**MYSTERY:
19 CRIMES 3**



It's the Industrial Revolution, people are increasingly moving to cities, prisons are overcrowded and petty crime is on the rise. Queen Victoria decides banishment to Australia solves these problems. 165,000 convicts made the long voyage by sea to Australia. Surviving the boat ride and exile, their stories survive into the 21st century with 19 Crimes, wait for it!!!! 19 Crimes, Wine! The men and women on the labels are not fiction. We will explore their lives and their worlds. But beware, if you steel cheese or bacon, you will be tried, found guilty and shipped off to Australia! Course dates are May 1st, 8th, and 15th.

LLI0164-001 Harper Main Campus
5/1/19 WE 1:00 PM-3:00 PM
Instructor: Ann Leslie
MEMBER FEES: \$51 NON-MEMBER FEES: \$102

LLI0164-002 Friendship Village
4/11/19 TH 1:30 PM-2:30 PM
Instructor: Ann Leslie
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

**THE 27- AMENDMENTS OF
THE U.S. CONSTITUTION**



Over 11,700 proposed amendments have been introduced in the U.S. Congress. Only 27 have been adopted. We have corrected oversights and omissions (e.g. how many terms a President may serve), we have responded to social pressure (e.g. granting women's suffrage), we have clarified delicate situations (e.g. how do we determine if a President is unable to serve) and in one case reversed a mistake (cancelling prohibition). We all know the first 10 as 'The Bill of Rights'; but the stories behind all 27 are fascinating and important. Join Professor Gary Midkiff for a study of our constitutional amendments.

LLI0175-001 Barrington's White House
1/24/2019-1/31/2019 TH 1:30 PM-3:30 PM
Instructor: Gary Midkiff
MEMBER FEES: \$35 NON-MEMBER FEES: \$70



THE GARLANDS®
— of Barrington —

LLI is proud to be partnered with The Garlands of Barrington. Be sure to check out these classes, which meet at The Garlands:

Course Title	Start Date
Why Is the Number 12 the Perfect Number?	Jan. 10
Why I'm Optimistic	Jan. 15
Artificial Intelligence: Changing Our World	Mar. 28
Checking in on Germany's Current Affairs	Apr. 9
History of the 7 Barrington Suburbs	Apr. 23

Classes are held in the Burnham Room, in the 3000 entrance. Please park in the south lot and use the south walk. Golf carts are available to take you to (15 minutes prior) and from the event.

THE J.F.K. ASSASSINATION

NEW!

The J.F.K. Assassination occurred on November 22, 1963, in Dallas Texas. Since that time, it has grown into one of the biggest murder mysteries of the twentieth century. This class will look at what exactly happened that day, who was involved, and the many possible theories. John Boda has researched this for over 25 years and has worked with many key people including worldwide expert and author Robert Groden, who was also the consultant to Oliver Stone on the movie J.F.K. The class will give you the opportunity to decide for yourself what to believe about this assassination.

LLI0003-003 Harper Main Campus
3/20/19 WE 1:00 PM-3:00 PM
Instructor: John Boda
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

THE PRESIDENCY OF HARRY TRUMAN

NEW!

A compromise choice for Vice President, Truman was pulled onto the international stage with little experience and no preparation. And yet during his nearly two full terms in office he faced every problem head on, made momentous decisions in a collegial manner, acted both tactically (e.g. Berlin airlift) and strategically (e.g. NATO), and when faced with a constitutional crisis (i.e. MacArthur's challenge to his Presidential authority) made the correct decision in the correct way. Truman faced more significant challenges while President than any other President (except Lincoln). Our appreciation of him grows every year. This is a 2-part class running 5/23/19 and 5/30/19.

LLI0174-001 Barrington's White House
5/23/19-5/30/19 TH 1:30 PM-3:30 PM
Instructor: Gary E. Midkiff
MEMBER FEES: \$35 NON-MEMBER FEES: \$70



THE SHAKERS

NEW!

Do you use clothes hangers? Do you leave food on your plate? Do you know a conscientious objector? Do you remember clothespins, a flat broom, a threshing machine or know what a circular saw is? All invented by Shakers. Their music is still heard and taught in schools and churches and heard by professional musicians. They designed elegant furniture predating the Prairie School that is still copied today. They were continuously inventing technological advances while rejecting the materialism that tended to come with those advances. Explore one of the greatest influences on American Life that you may not know.

LLI0160-001 Harper Main Campus
2/21/19 TH 10:00 AM-12:00 AM
Instructor: Ann Leslie
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

THE WOMAN BEHIND THE TEDDY BEAR-MARGARETE STEIFF

NEW!

It is common knowledge that President Theodore Roosevelt, who died one century ago this year, was the namesake of the world famous Teddy Bear. Hardly anyone knows, though, that the cuddly stuffed toys were invented by an amazing woman from Southern Germany who overcame terrible sickness and incredible challenges and turned her tiny workshop into one of the most recognizable international brands-- and all that in the male dominated world of the 19th century! Join German historian Anette Isaacs as she relates the truly awe-inspiring life of toy maker and business maven Margarete Steiff!

LLI0141-001 Harper Main Campus
3/5/19 TU 1:00 PM-3:00 PM
Instructor: Anette Isaacs
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0141-002 Addolorata Villa
3/7/19 TH 1:00 PM-3:00 PM
Instructor: Anette Isaacs
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

WHY IS THE NUMBER 12 THE MOST PERFECT NUMBER

NEW!

The most perfect number is the number 12, and it has a deep significance in our life because this number has been used continuously since ancient times, and even today, in the most amazing and extraordinary manner. Twelve is a composite number, the only number that has a perfect number of divisors: 1, 2, 3, 4, 6 and 12. Twelve forms a whole, a perfect and harmonious unit. It corresponds to plenitude, completion, and the integrity of things. The number 12 is prevalent in all things: time, space, dimensions, weights, light and color, myth, history, law, politics, astronomy and astrology, is a very significant number in many world religions, and is a number of great power and meaning.

LLI0155-003 The Garlands
1/10/2019 TH 1:30 PM-3:00 PM
Instructor: Staff
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0155-002 Brookdale Des Plaines
1/29/2019 TU 1:00 PM-2:30 PM
Instructor: Staff
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0155-001 Harper Main Campus
3/1/19 FR 1:00 PM-2:30 PM
Instructor: Ralph Burin
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LOCAL HISTORY AND CULTURE

CHICAGO-YESTERDAY, TODAY AND TOMORROW

NEW!

Presented by author and certified tour guide, Jerome M. O'Connor, view the results and see plans for the most dramatic Chicago growth in generations. See the New East Side and the Jeanne Gang designed 1,200 ft., 101 floor Vista Tower. Learn the history of Fulton Market and see its dramatic changes. See the finished Riverwalk. View renderings of spectacular conversions to the Old Post Office, Union Station, and Tribune Tower. Be among the first to view color renderings of a planned 70-acre city in a city called Lincoln Yards on the north branch of the Chicago River.

LLI0171-001 Harper Main Campus
5/20/19 MO 1:00 PM-2:30 PM
Instructor: Jerome O'Connor
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

HISTORY OF THE 7 BARRINGTON SUBURBS

NEW!

This talk covers the fascinating history of the seven sister suburbs of the Barrington area. It is a social history with rich anecdotes, ranging from heartfelt to humorous, with a few scandalous stories along the way. Author Dr. Sharon Kissane has conducted extensive research on the area, including over 400 interviews of Barrington-area residents and the reading of hundreds of articles and all available books relevant to the subject matter.

LLI0122-004 Friendship Village
2/14/19 TH 1:30 PM-2:30 PM
Instructor: Sharon Kissane
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0122-005 The Garlands
4/23/19 TU 1:30 PM-3:30 PM
Instructor: Sharon Kissane
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0122-001 Harper Main Campus
5/3/19 FR 1:30 PM-3:30 PM
Instructor: Sharon Kissane
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0122-002 Barrington's White House
5/9/19 TH 1:30 PM-3:30 PM
Instructor: Sharon Kissane
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

GIANTS IN THE PARK, PART I

NEW!

Chicago's largest park, Lincoln Park, extends for six miles along the lakefront and is populated with seventeen GIANTS of history and literature: Lincoln, La Salle, Goethe, Hamilton. Learn exciting history memorialized by these enduring bronze forms. Part I features: Couch Tomb (evidence of the cemetery years), The Alarm (an Indian group), LaSalle (the most significant to Chicago's early history), Lincoln (considered the most successful Lincoln sculpture), Grant (the most prominent in height), Fountain Girl (originally a temperance fountain), and the Eugene Field Memorial (the poet of childhood). Missing statuary and the park's cemetery years are touched upon as well.

LLI0119-001 Harper Main Campus
3/13/19 WE 1:00 PM-2:30 PM
Instructor: Krista August
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

MUSIC

BEATLES: A MAGICAL HISTORY TOUR

The Beatles: Their History in One Hour - As a musical entity, the Beatles has not existed for over 45 years, yet their story, their personalities and most importantly their music continues to influence our culture and our expectations of popular music. With the use of audio and visual content, participants will learn the arc of the Beatles career from their development in Liverpool, through Beatlemania into their psychedelic phase and finally their dissolution. Participants will have a deep appreciation for the Beatles incredible productivity, their musical and lyrical maturity and their cultural impact. Course meets, April 16th, 23rd, 30th and May 7th.

LLI0145-001 Harper Main Campus
4/16/19-5/7/19 TU 2:00 PM-4:00 PM

Instructor: Gary Wenstrup

MEMBER FEES: \$70 NON-MEMBER FEES: \$140

MOTOWN: MUSIC THAT MOVED THE WORLD

NEW!

In Detroit in the 1960's Motown Records produced hits as efficiently as the Ford Motor Company produced automobiles - 110 Top Ten hits to be exact! It was the "Sound of Young America" sung by performers like The Supremes, The Temptations, Marvin Gaye and Stevie Wonder. Using audio and visual content we'll trace the amazing musical journey from the power soul of "Dancing In The Streets" and "I Heard It Through The Grapevine"; to the psychedelic soul of "Cloud Nine" and "What's Going On" to the pop soul of The Jackson 5. Timeless music that moved us then and moves us now. Course meets March 4th and 11th.

LLI0146-001 Harper Main Campus
3/4/19-3/11/19 MO 10:30 AM-12:00 PM

Instructor: Gary Wenstrup

MEMBER FEES: \$35 NON-MEMBER FEES: \$70



MOVIES, MUSIC AND ROMANCE

NEW!

Ever wonder what it would be like to experience dozens of the most memorable movie scenes, love songs, and dance tandems all in one sitting? Movie Music and Romance is just such an experience: a compilation of 38 classic songs and dances from among the greatest in film history. Familiar faces abound in this new 2-hour presentation, Fred and Ginger, Elvis Presley and Emma Stone among them. It's fresh. It's different. Several scenes are cast in a new light, from a different perspective, re-edited in a new way. And it's peppered with little-known historical facts. Great fun!

LLI0176-001 Harper Main Campus
4/23/19 TU 10:00 AM-12:00 PM

Instructor: John LeGear

MEMBER FEES: \$19 NON-MEMBER FEES: \$38

ROOTS OF COUNTRY MUSIC

The origins of country music reveal a cultural intermingling typical of immigrant-based countries. Though record companies overtly advertised music according to race in the early part of the 20th century, the roots of the music paint a different picture. In fact, there are as many African as Anglo-Celtic influences in the music. Cultural Anthropologist Scott Cashman will examine the music within the fertile cultural landscape of the American south in the 19th and early 20th centuries as you listen to both music played live and on video. Class meets April 26th and May 3rd.

LLI0179-001 Harper Main Campus
4/26/2019-5/3/2019 FR 1:00 PM-3:00 PM

Instructor: Scott Cashman

MEMBER FEES: \$19 NON-MEMBER FEES: \$38



PERSONAL INTEREST

ESTATE PLANNING BASICS

Everyone should plan for the financial and legal ramifications of death or disability. Attorney Christopher J. Maurer, a partner with the law firm of Anderson & Associates, P.C., will discuss basic estate planning tools, such as Wills, Trusts, Powers of Attorney, and Transfer-on-Death Instruments. He will also go over important estate planning topics, including ways to avoid going to probate court, naming your executor, nominating guardians for children, designating the right beneficiaries on retirement and investment accounts, where to keep your estate planning papers, and how to revoke, amend or change those papers when the need arises.

LLI0127-001 Harper Main Campus
3/4/2019 MO 6:30 PM-8:00 PM
Instructor: Christopher Maurer
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

IS MOTORCYCLING FOR YOU?

This class will help you decide if you are right for motorcycle riding and if riding is right for you. Is your interest in line with the real joys and challenges of riding? Are you mentally and physically prepared to ride? What motorcycle might be right for you (2 or 3 wheel)? How much will it cost? How do you maintain a safety margin as you age? How do you test and learn the basics before deciding? Materials from the Motorcycle Safety Foundation focusing on older riders will be featured.

LLI0182-001 Harper Main Campus
3/14/2019-3/21/2019 TH 6:00 PM-7:30 PM
Instructor: Sarah Nogala and Che'ree Blades
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

THE NON-GEEK GUIDE TO COOL APPS

It's 3 AM, you can't sleep and don't want to read. What to do? I choose something I had never done before - got the phone, punched an app, the sky opened up around me and I explored stars, galaxies, satellites and planets for an hour! In your hands is not just a smart phone but a 24/7 interactive library that wants to help you with hundreds of fascinating things to do that are fun, that you can play, explore, have it answer your questions and are just plain cool! Lets find out where they are and use them!

LLI0165-001 Harper Main Campus
5/7/2019 TU 1:00 PM-3:00 PM
Instructor: Ann Leslie
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

WHY I'M OPTIMISTIC

This 5-part series explores, both personal and historical, for Optimism is an often complex and confusing world. 1. Optimism Overall: a look at prominent contemporary and historical philosophies. 2. "A Child Shall Lead Them..." a look at the prominence of young people. 3. "Onward and Upward": a look at the many ways in which science, technology and protection of the environment. 4. "Do Not Forget the Ladies": a look at the historical and on going struggle of American women. 5. The Rule of Law: looks at the significance of the U S Constitution. Meets 1/15, 2/19, 3/19, 4/16 and 5/14.

LLI0135-002 The Garlands
1/15/2019-5/14/2019 TU 10:30 AM-11:30 AM
Instructor: Myra Loris
MEMBER FEES: \$80 NON-MEMBER FEES: \$160



YOU ARE WHAT YOU WRITE

NEW!

This class will cover the history of graphology followed by the basic principles of handwriting analysis. Dr. Kissane will share her years of expertise. She will collect handwriting samples from each member of the audience and . as she speaks, illustrate her points with aspects of these handwriting samples. The class will be supplied with paper, pen and be told what to write. After an hour of interactive learning, she will answer individual questions that were not raised during the presentation. Due to time constraints, she will not be able to provide an extended analysis of any one person's writing sample.

LLI0120-001 Harper Main Campus
5/10/19 FR 1:30 PM-3:30 PM
Instructor: Sharon Kissane
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0120-002 Barrington's White House
4/4/2019 TH 1:30 PM-3:30 PM
Instructor: Sharon Kissane
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

TRAVEL

EATING YOUR WAY ACROSS THE USA

Take a bite of the USA! This mouth-watering tour of top culinary destinations from New York to New Orleans and Chicago to California will reveal to you the amazing and sometimes little-known history and culture that have served as the ingredients for our country's most famous restaurants, chefs, and dishes. Each participant will receive a destination guide with recipes to make at home. Join epicurean historian and food traveler Deborah Nelson as we virtually eat our way across the USA!

LLI0133-001 Harper College
4/23/2019 TU 10:30 AM-12:00 PM
Instructor: Deborah Nelson
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0133-002 Friendship Village
4/26/2019 FR 1:30 PM-2:30 PM
Instructor: Deborah Nelson
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

EXOTIC MOROCCO

Morocco is a diverse country filled with majestic palaces and mosques, interesting museums, mouth-watering cuisine and large expanses of stunning natural beauty. Join us as we explore the exotic cities of Casablanca, Fez, Marrakesh, and Rabat, wander through old world bazaars filled with spices, carpets, and other handmade items and admire the natural beauty of the Sahara Desert, the Atlas Mountains, and the Todra Gorge

LLI0178-001 Harper College
2/15/2019 FR 2:00 PM-3:00 PM
Instructor: Nancy McCully
MEMBER FEES: \$19 NON-MEMBER FEES: \$38



NAVIGATING PORTUGAL

Explore picturesque Portugal as we navigate our way through the country's rich history, culture, and fascinating sites. Stroll the streets of Lisbon, visit castles occupied by royalty or the Knights Templar, see Roman ruins and medieval villages, discover Portugal's hearty cuisine, cruise her famous rivers, and soak up the sun on some of the best sandy beaches in the world. Join Nancy McCully on this amazing journey.

LLI0137-001 Harper Main Campus
2/12/19 MO 2:00 PM-3:00 PM
Instructor: Nancy McCully
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0137-002 Brookdale Des Plaines
2/12/19 TU 2:00 PM-3:00 PM
Instructor: Nancy McCully
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

NORWAY: FERRY THROUGH THE FJORDS

Visit the land of Vikings and trolls, where moody mountains provide a backdrop for storybook villages along deep blue fjords. Sightsee Oslo, Bergen, and the popular Norway-in-a-Nutshell mountains and fjords in between. Take the Hurtigruten coastal ferry north from Bergen to well above the Arctic Circle, turning south at Kirkenes on the Russian border, and travel back to medieval Trondheim. Lonely Planet has called this "the most beautiful cruise in the world." Photos from 2017.

LLI0147-001 Harper Main Campus
1/9/19 WE 10:30 AM-12:00 PM
Instructor: Barbara Sugden
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

LLI0147-002 Addolorata Villa
2/12/19 TU 1100 AM-1230 AM
Instructor: Barbara Sugden
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

THE ALLURE OF VENICE-ITS HISTORY, ARCHITECTURE AND ART

Venice is the city in the lagoon, an impossibly beautiful city of water, a maze of narrow alleys that wind behind the airy Byzantine, Gothic, Renaissance and Baroque facades, facing each other across the Grand Canal. Venice rises from its own reflection with its incredible churches, the Doge's Palace, narrow canals, gondolas, carnival, and mass tourism. It is located at the north-east corner of the Italian peninsula and faces the Adriatic. Venice's great Late Renaissance and Baroque artists include: Giorgione, Titian, Tintoretto, and Veronese. Venice was surely built to be painted by Canaletto, Turner, John Singer Sargent and many other great artists.

LLI0152-001 Harper Main Campus
2/4/19 MO 1:00 PM-2:30 PM

Instructor: Ralph Burin

MEMBER FEES: \$19 NON-MEMBER FEES: \$38

WISCONSIN SUPPER CLUB

Revel in the nostalgia of the once again trendy Wisconsin supper club. Experience the retro vibe, neon signs, historic locations, home cooking, famous cocktails, and warm hospitality on this virtual tour with supper club guru Deborah Nelson, featuring original photographs, menus, maps and insider information. We'll explore legendary supper clubs, easy summer road trips, how to get the supper club treatment near home, and recipes for standards like Shrimp de Jonghe and Brandy Alexander. Each participant will receive Deborah's Wisconsin Supper Club Handbook. The book Wisconsin Supper Clubs: An Old-Fashioned Experience will be referenced and makes a good companion.

LLI0136-001 Harper Main Campus
5/1/2019 WE 10:30 AM-12:00 PM

Instructor: Deborah Nelson

MEMBER FEES: \$19 NON-MEMBER FEES: \$38



WRITING

ART-INSPIRED WRITING: IMPRESSIONISM AND MUNCH

NEW!

Look at art through a writer's eye and discover an amazing new source of creativity to spark your writing. Starting with an overview of the era of Impressionism, you will look at the period's effects in the art, music and literary worlds. Learn how these artists looked at the familiar and transformed it from mundane to magnificent. Next, you will explore the art of Edvard Munch and its psychological components. Laura Ehrke has created a set of fun creative exercises that will guide you to a better understanding of the relevance of these works while developing your writing.

LLI0156-001 Harper Main Campus
3/5/19 TU 6:00 PM-8:00 PM

Instructor: Laura Ehrke

MEMBER FEES: \$19 NON-MEMBER FEES: \$38

ART-INSPIRED WRITING: MONET AND PISSARRO

NEW!

Look at art through a writer's eye and discover an amazing new source of creativity to spark your writing. This class studies the art of Claude Monet and Camille Pissarro, focusing on their mastery of manipulating light, shadow and atmosphere. "Happy are those who see beautiful things in modest surroundings or where other men see nothing," Pissarro said. Learn to view scenes differently and how subtle changes can add dimension in your writing. Laura Ehrke has created a set of creative exercises that will guide you to a better understanding of the relevance of these works while improving your writing.

LLI0125-001 Harper Main Campus
3/12/19 TU 6:00 PM-8:00 PM

Instructor: Laura Ehrke

MEMBER FEES: \$19 NON-MEMBER FEES: \$38

FIND YOUR PUBLISHING PATH

Traditional publishing or self-publishing? Neither is better than the other, but one may suit your personality, lifestyle and project best. Knowing which can make you more productive, less stressed and help you have more fun on your publishing journey. With so many choices, there's never been a better time to be an author. Elizabeth Harmon, a traditionally published and self-published author, will define the details, and help you discover your best publishing fit. Two day course January 16th and 23rd.

LLI0169-001 Harper Main Campus
1/16/2019-1/23/2019 WE 6:30 PM-8:30 PM
Instructor: Elizabeth Harmon
MEMBER FEES: \$35 NON-MEMBER FEES: \$70

JOURNALING AS HEALING- TO CONTROL STRESS



This interactive workshop will help you move forward in life through journaling, where you can discover your passions, process negative feelings, deal with stress and develop an attitude of gratitude. We will discuss types of journals, from recording family memories to grief journals. Journaling is a proven method of improving your physical and emotional health. Handouts will be provided. Sharing is optional.

LLI0121-003 Harper Main Campus
2/8/19 FR 1:00 PM-2:00 PM
Instructor: Joyce Kocinski
MEMBER FEES: \$19 NON-MEMBER FEES: \$38

SO YOU WANT TO WRITE A ROMANCE

Romance is America's top selling fiction genre, beloved for its pulse-pounding emotion, unforgettable characters, tight storytelling, and happy endings. Whether you've always dreamed of writing one, or if you just want to learn more about the genre, you'll enjoy this fun, and inspiring class! Author Elizabeth Harmon, a finalist for the Romance Writers of America prestigious RITA award, presents an overview romance, its numerous sub-genres, and offers tips to help you plan and write your own swoon-worthy read. Two week course March 6th and 13th.

LLI0168-001 Harper Main Campus
3/6/2019-3/13/2019 WE 3:30 PM-5:30 PM
Instructor: Elizabeth Harmon
MEMBER FEES: \$35 NON-MEMBER FEES: \$70

TELLING MY STORY



Create a legacy for future generations by writing your life stories. You don't need to be a writer to record your experiences, just bring your memories. Laura Ehrke will provide a list of questions and prompts to get you started, as well as sharing writing tips to tell your tales in full detail. After class, submit your stories to be included in an online showcase on our LLI website. All stories related to Barrington will be archived in the Barrington Area Library's Local History collection, where you may also choose to record your stories on audio or video. Class meets April 25th and May 2nd 2019.

LLI0149-001 Barrington's White House
4/25/19-5/2/19 TH 1:30 PM-3:30 PM
Instructor: Laura Ehrke
MEMBER FEES: \$35 NON-MEMBER FEES: \$70



COURSES BY TITLE

A Tribute to the Greatest Generation . . .15	Journaling as Healing-To Control Stress . . .23
Art-Inspired Writing: Impressionism and Munch . . .22	Levi Strauss the Gold Rush and the Blue Jeans . . .15
Art-Inspired Writing: Monet and Pissarro . . .22	Love Who You Are and Who You Are Becoming . . .14
Artificial Intelligence: Changing Our World . . .9	Motown: Music that Moved the World . . .19
Basic of Essential Oils for Natural Healthcare . . .12	Movies, Music and Romance . . .19
Beatles: A Magical History Tour . . .19	Mystery: 19 Crimes 1 . . .15
Blue Zone: How to Live Longer . . .13	Mystery: 19 Crimes 2 . . .16
Checking in on Germany's Current Affairs . . .10	Mystery: 19 Crimes 3 . . .16
Chicago-Yesterday, Today and Tomorrow . . .18	Natural Disasters-How to Prepare for Spring & Summer . . .11
Controversies with Conjoined Twins and Wrongful Life . . .10	Navigating Portugal . . .21
Cozy Mysteries Book Club . . .9	Norway: Ferry Through the Fjords . . .21
Double-Staffed Caretaking & Grandparenting..14	Pablo Picasso: The Genius Who Changed Us . . .7
Eating Your Way Across the USA . . .21	Paul Gauguin: The French Artist . . .7
Essential Oils and Emotions . . .13	Pop-Up Art Cards for Valentine's Day . . .7
Essential Oils and the Spa . . .13	Presidential Foreign Policy: Continuity and Change . . .11
Estate Planning Basics . . .20	Romancing the Read Book Club . . .9
Exotic Morocco . . .21	Roots of Country Music . . .19
Find your Publishing Path . . .23	Santiago Calatrava: The Poetics of Movement . . .8
Foreign Policy Roundtable . . .10	So You Want to Write A Romance . . .23
Germans and Jew an Uneasy Relationship . . .15	Surviving the Cold/Flu Season . . .14
Giants in the Park, Part I . . .18	Telling My Story . . .23
Great Decisions Discussion . . .10	The 27- Amendments of the U.S. Constitution . . .16
Grief: Learn to Thrive and Not Just Survive Loss . . .13	The Allure of Venice-Its History, Architecture and Art . . .22
History of the 7 Barrington Suburbs . . .18	The J.F.K. Assassination . . .17
Impressionism I & li . . .7	
Introduction to Deconstructing the News . . .11	
Is Motorcycling for You? . . .20	

COURSES BY TITLE

The New Middle East . . .12

The News Panel Lunch Club . . .12

The Non-Geek Guide to Cool Apps . . .20

The Presidency of Harry Truman . . .17

The Shakers . . .17

The Watercolor of Winslow Home and
the Color of Light . . .8

The Woman Behind the
Teddy Bear-Margarete Steiff . . .17

Uffizi I & II . . .8

What We Are Learning from
Yellowstone National Park . . .12

Why I'm Optimistic . . .20

Why Is the Number 12 the Most Perfect
Number . . .18

Wisconsin Supper Club . . .22

You Are What You Write . . .20

COURSES BY INSTRUCTOR

August, Krista

- Giants in the Park, Part I . . .18

Blades, Che'ree

- Is Motorcycling For You? . . .20

Boda, John

- The J.F.K. Assassination . . .17

Burin, Ralph

- Pablo Picasso: The Genius Who Changed Us . . .7
- Paul Gauguin: The French Artist . . .7
- Santiago Calatrava: The Poetics of Movement . . .8
- The Allure of Venice-Its History, Architecture and Art . . .22
- The Watercolor of Winslow Home & The Color of Light . . .8
- Why is the Number 12 The Most Perfect Number . . .18

Cashman, Scott

- Roots of Country Music . . .19

Davis, Joan

- Blue Zone: How to Live Longer . . .13

Eastwood, Peggy

- Artificial Intelligence: Changing our World . . .9

Ehrke, Laura

- Art-Inspired Writing: Impressionism and Munch . . .22
- Art-Inspired Writing: Monet and Pissarro . . .22
- Cozy Mysteries Book Club . . .9
- Introduction to Deconstructing the News . . .11
- Telling My Story . . .23
- The News Panel Lunch Club . . .12

Harmon, Elizabeth

- Find Your Publishing Path . . .23
- Romancing the Read Book Club . . .9
- So You Want to Write a Romance . . .23

Hennessey, Lynn

- Double-Stuffed Caretaking & Grandparenting . . .14

Isaacs, Anette

- Checking in on Germany's Current Affairs . . .10
- Germans and Jew An Uneasy Relationship . . .15
- Levi Strauss the Gold Rush and the Blue Jeans . . .15
- The Woman Behind the Teddy Bear-Margarete Steiff . . .17

Kissane, Sharon

- History of the 7 Barrington Suburbs . . .18
- You Are What You Write . . .20

Kocinski, Joyce

- Journaling as Healing-To Control Stress . . .23

SHARE YOUR PASSION: BECOME AN LLI INSTRUCTOR

LLI is seeking retired or current teachers, members and other professionals who are interested in teaching courses and seminars. Areas of interest include history, international affairs, politics, philosophy, literature, music/art appreciation, the humanities and more. Unique class topics are especially welcome. Know someone? Call 847.925.6300.

COURSES BY INSTRUCTOR

Langworthy, Susan

- Impressionism I & II . . .7
- Uffizi I & II . . .8

Legear, John

- Movies, Music and Romance . . .19

Leslie, Ann

- Mystery: 19 Crimes 1 . . .15
- Mystery: 19 Crimes 2 . . .16
- Mystery: 19 Crimes 3 . . .16
- Natural Disasters-How to Prepare for Spring and Summer . . .11
- Pop-Up Art Cards for Valentine's Day . . .7
- The Non-Geek Guide to Cool Apps . . .20
- The Shakers . . .17

Levin, Andrew

- Presidential Foreign Policy: Continuity and Change . . .11
- The New Middle East . . .12

Loris, Myra

- Why I'm Optimistic . . .20

Maurer, Christopher

- Estate Planning Basics . . .20

McCully, Nancy

- Exotic Morocco . . .21
- Navigating Portugal . . .21

Midkiff, Gary

- The 27- Amendments of the U.S. Constitution . . .16
- Foreign Policy Roundtable . . .10
- Great Decisions Discussion . . .10
- The Presidency of Harry Truman . . .17

Nelson, Deborah

- Eating Your Way Across the USA . . .21
- Wisconsin Supper Club . . .22

Nelson, Nancy Jo

- Grief: Learn to Thrive and Not Just Survive Loss . . .13
- Love Who You Are and Who You Are Becoming . . .14

Nogala, Sarah

- Is Motorcycling For You? . . .20

O'Connor, Jerome

- A Tribute to the Greatest Generation . . .15
- Chicago-Yesterday, Today and Tomorrow . . .18

Pennacchia, Dawn

- Basic of Essential Oils for Natural Healthcare . . .12
- Essential Oils and the Spa . . .13
- Surviving the Cold/Flu Season . . .14

Rausch, Suzanne

- Controversies with Conjoined Twins and Wrongful Life . . .10
- What We Are Learning from Yellowstone National Park . . .12

Staff

- Checking in on Germany's Current Affairs . . .10
- Essential Oils and Emotions . . .13
- Why is the Number 12 the Most Perfect Number . . .18

Sugden, Barbara

- Norway: Ferry Through the Fjords . . .21

Wenstrup, Gary

- Beatles: A Magical History Tour . . .19
- Motown: Music That Moved the World . . .19

COURSES BY LOCATION



HARPER COLLEGE MAIN CAMPUS

Check your course confirmation email or visit ce.harpercollege.edu for the assigned room number on Harper Main Campus.

- A Tribute to the Greatest Generation . . .15
- Art-Inspired Writing: Impressionism and Munch . . .22
- Art-Inspired Writing: Monet and Pissarro . . .22
- Artificial Intelligence: Changing Our World . . .9
- Basic of Essential Oils for Natural Healthcare . . .12
- Beatles: A Magical History Tour . . .19
- Blue Zone: How to Live Longer . . .13
- Checking in on Germany's Current Affairs . . .10
- Chicago-Yesterday, Today and Tomorrow . . .18
- Controversies with Conjoined Twins and Wroughtful Life . . .10
- Cozy Mysteries Book Club . . .9
- Double-Staffed, Caretaking & Grandparenting . 14
- Eating Your Way Across the USA . . .21
- Essential Oils and Emotions . . .13
- Essential Oils and the Spa . . .13
- Estate Planning Basics . . .20
- Exotic Morocco . . .21
- Find Your Publishing Path . . .23
- Foreign Policy Roundtable . . .10
- Germans and Jew An Uneasy Relationship . . .15
- Giants in the Park, Part I . . .18
- Great Decisions Discussion . . .10
- Grief: Learn to Thrive and Not Just Survive Loss . . .13
- History of the 7 Barrington Suburbs . . .18
- Impressionism I & II . . .7
- Introduction to Deconstructing the News .11
- Is Motorcycling for You? . . .20
- Journaling as Healing-To Control Stress . . .23
- Levi Strauss the Gold Rush and the Blue Jeans . . .15
- Love Who You Are and Who You Are Becoming . . .14
- Motown: Music that Moved the World . . .19
- Movies, Music and Romance . . .19
- Mystery: 19 Crimes 1 . . .15
- Mystery: 19 Crimes 2 . . .16
- Mystery: 19 Crimes 3 . . .16
- Natural Disasters-How to Prepare for Spring and Summer . . .11
- Navigating Portugal . . .21
- Norway: Ferry Through the Fjords . . .21
- Pablo Picasso: The Genius Who Changed Us . . .7
- Paul Gauguin: The French Artist . . .7
- Pop-Up Art Cards for Valentine's Day . . .7
- Presidential Foreign Policy: Continuity and Change . . .11
- Romancing the Read Book Club . . .9
- Roots of Country Music . . .19
- Santiago Calatrava: The Poetics of Movement . . .8
- So You Want to Write a Romance . . .23
- Surviving the Cold/Flu Season . . .14
- The 27- Amendments of the U.S. Constitution . . .16
- The Allure of Venice-Its History, Architecture and Art . . .22
- The J.F.K. Assassination . . .17
- The News Panel Lunch Club . . .12

COURSES BY LOCATION

Harper College®

HARPER COLLEGE MAIN CAMPUS (HCMC)

Check your course confirmation email or visit ce.harpercollege.edu for the assigned room number on Harper Main Campus

- The Non-Geek Guide to Cool Apps . . .20
- The Shakers . . .17
- The Watercolor of Winslow Home & the Color of Light . . .8
- The Woman Behind the Teddy Bear-
Margarete Steiff . . .17
- Uffizi I & II . . .8
- What We Are Learning from Yellowstone
National Park . . .12
- Why Is the Number 12 the Most Perfect
Number . . .18
- Wisconsin Supper Club . . .22
- You Are What You Write . . .20



ADDOLORATA VILLA (ADV)

- Norway: Ferry Through the Fjords . . .21
- Pop-Up Art Cards for Valentine's Day . . .7
- The Woman Behind the Teddy Bear-
Margarete Steiff . . .17
- Uffizi I & II . . .8



BARRINGTON AREA COUNCIL ON AGING (BACOA) AT BARRINGTON'S WHITE HOUSE

- Checking in on Germany's Current
Affairs . . .10
- History of the 7 Barrington Suburbs . . .18
- Telling My Story . . .23
- The Presidency of Harry Truman . . .17
- You Are What You Write . . .20



BROOKDALE DES PLAINES (BPD)

- Navigating Portugal . . .21
- Pop-Up Art Cards for Valentine's Day . . .7
- Why Is the Number 12 the Most Perfect
Number . . .18



FRIENDSHIP VILLAGE (FVS)

- Checking in on Germany's Current
Affairs . . .10
- Eating Your Way Across the USA . . .21
- Grief: Learn to Thrive and Not Just Survive
Loss . . .14
- History of the 7 Barrington Suburbs . . .18
- Presidential Foreign Policy: Continuity and
Change . . .11
- The New Middle East . . .12

COURSES BY LOCATION



THE GARLANDS®
— of Barrington —

THE GARLANDS OF BARRINGTON (GAR)

- Artificial Intelligence: Changing Our World . . .9
- Checking in on Germany's Current Affairs . . .10
- History of the 7 Barrington Suburbs . . .18
- Why I'm Optimistic . . .20
- Why Is the Number 12 the Most Perfect Number . . .18

PARTNERS AND LOCATIONS

PARTNERS AND LOCATIONS

Many of our classes are held on Harper's main campus (W) at 1200 W. Algonquin Road in Palatine, and course descriptions note specific buildings and room locations. Other classes are held at our partner locations.

The Lifelong Learning Institute would like to thank our sponsors for their ongoing support and for bringing new 50+ learning opportunities into their communities.

HARPER PROFESSIONAL CENTER (HPC)

650 E. Higgins Rd.,
Schaumburg, IL 60173

PARTNERS



ADDOLORATA VILLA (ADV)

555 McHenry Road
Wheeling, IL 60090
847.537.2900



BROOKDALE PLAZA DES PLAINES (BDP)

800 South River Road
Des Plaines, IL 60016
847.294.0100



FRIENDSHIP VILLAGE (FVS)

350 West Schaumburg Road
Schaumburg, IL 60194
847.884.5539



THE GARLANDS[®]
of Barrington

THE GARLANDS OF BARRINGTON (GAR)

1000 Garlands Lane
Barrington, IL 60010
847.256.3200



BACOA
Barrington Area Council on Aging, Inc.
Serving seniors, family caregivers, and the community

BARRINGTON AREA COUNCIL ON AGING (BACOA)

Unless indicated, classes meet at:
Barrington's White House
145 W. Main Street
Barrington, IL 60010

PARKING

FREE parking is available at all course locations. Find maps and directions at harpercollege.edu

Friendship Village: We provide complimentary valet parking for Harper members who attend our lectures. Come inside and request valet parking.

The Garlands of Barrington: Classes are held in the Burnham Room, in the 3000 entrance. Please park in the south lot and use the south walk. Golf carts are available to take you to (15 minutes prior) and from the event.

Barrington Area Council on Aging: For classes at Barrington's White House, free 3-hour parking is available in the lot next to the White House and in designated spaces at the Jewel grocery store, located across the street.

LLI SPRING 2019 COURSE CALENDAR

JANUARY

- 4 Natural Disasters-How to Prepare for Spring & Summer (HCMC), 10:00 AM-12:00 PM
- 7 Basic of Essential Oils for Natural Healthcare (HCMC), 10:30 AM-12:00 PM
- 8 What We Are Learning from Yellowstone National Park (HCMC), 10:00 AM-12:00 PM
- 9 Norway: Ferry Through the Fjords (HCMC), 10:30 AM-12:00 PM
- 10 Blue Zone: How to Live Longer (HCMC), 10:00 AM-11:30 AM
Why is the Number 12 the Most Perfect Number (GAR), 1:30 PM-3:00 PM
- 14 Surviving the Cold/Flu Season (HCMC), 10:30 AM-12:00 PM
- 15 Why I'm Optimistic (GAR), 10:30 AM-11:30 AM
- 16 Find Your Publishing Path (HCMC), 6:30 PM-8:30 PM
- 17 Introduction to Deconstructing the News (HCMC), 1:00 PM-3:00 PM
- 18 Paul Gauguin: the French Artist (HCMC), 11:00 AM-12:30 PM
- 22 Pop-Up Art Cards for Valentine's Day (HCMC), 11:00 AM-1:00 PM
Presidential Foreign Policy: Continuity and Change (HCMC), 6:00 PM-8:00 PM
- 23 Find Your Publishing Path (HCMC), 6:30 PM-8:30 PM
- 24 The News Panel Lunch Club (HCMC), 1:00 PM-3:00 PM
Presidential Foreign Policy: Continuity and Change (FVS), 1:30 PM-3:00 PM
The 27- Amendments of the U.S. Constitution (HCMC), 1:30 PM-3:30 PM
- 28 Foreign Policy Roundtable (HCMC), 9:00 AM-11:00 AM
Essential Oils and the Spa (HCMC), 10:30 AM-12:00 PM
- 29 Why is the Number 12 the Most Perfect Number (BDPD), 1:00 PM-2:30 PM
Romancing the Read Book Club (HCMC), 6:30 PM-8:30 PM
- 31 Pop-Up Art Cards for Valentine's Day (ADV), 11:00 AM-12:00 PM
Cozy Mysteries Book Club (HCMC), 1:30 PM-3:30 PM

FEBRUARY

- 1 Pop-Up Art Cards for Valentine's Day (BDPD), 11:00 AM-1:00 PM
- 4 Great Decisions Discussion (HCMC), 9:00 AM-11:00 AM
The Allure of Venice-Its History, Architecture and Art (HCMC), 1:00 PM-2:30 PM
- 5 Mystery: 19 Crimes 1 (HCMC), 10:00 AM-12:00 PM
- 6 Love Who You Are and Who You Are Becoming (HCMC), 6:30 PM-8:30 PM
- 7 Checking In on Germany's Current Affairs (BACOA), 1:30 PM-3:30 PM
- 8 Journaling As Healing-To Control Stress (HCMC), 1:00 PM-2:00 PM
- 11 The Watercolor of Winslow Home & the Color of Light (HCMC), 1:00 PM-2:30 PM

LLI SPRING 2019 COURSE CALENDAR

FEBRUARY, CONTINUED

- 12 Norway: Ferry Through the Fjords (ADV), 11:00 AM-12:30 PM
Navigating Portugal (HCMC), 2:00 PM-3:00 PM
Navigating Portugal (BDPD), 2:00 PM-3:00 PM
- 13 Love Who You Are and Who You Are Becoming (HCMC), 6:30 PM-8:30 PM
- 14 History of the 7 Barrington Suburbs (FVS), 1:30 PM-2:30 PM
- 15 Exotic Morocco (HCMC), 2:00 PM-3:00 PM
- 18 Great Decisions Discussion (HCMC), 9:00 AM-11:00 AM
- 19 Why I'm Optimistic (GAR), 10:30 AM-11:30 AM
Germans and Jew An Uneasy Relationship (HCMC), 1:00 PM-3:00 PM
- 20 Love Who You Are and Who You Are Becoming (HCMC), 6:30 PM-8:30 PM
- 21 The Shakers (HCMC), 10:00 AM-12:00 PM
The News Panel Lunch Club (HCMC), 1:00 PM-3:00 PM
- 26 Santiago Calatrava: the Poetics of Movement (HCMC), 1:00 PM-2:30 PM
Romancing the Read Book Club (HCMC), 6:30 PM-8:30 PM
- 27 Grief: Learn to Thrive and Not Just Survive Loss (HCMC), 10:00 AM-12:00 PM
- 28 Cozy Mysteries Book Club (HCMC), 1:30 PM-3:30 PM

MARCH

- 1 Why is the Number 12 the Most Perfect Number (HCMC), 1:00 PM-2:30 PM
- 4 Great Decisions Discussion (HCMC), 9:00 AM-11:00 AM
Motown: Music That Moved the World (HCMC), 10:30 AM-12:00 PM
Estate Planning Basics (HCMC), 6:30 PM-8:00 PM
- 5 The Woman Behind the Teddy Bear-Margarete Steiff (HCMC), 1:00 PM-3:00 PM
Art-Inspired Writing: Impressionism and Munch (HCMC), 6:00 PM-8:00 PM
- 6 Grief: Learn to Thrive and Not Just Survive Loss (HCMC), 10:00 AM-12:00 PM
So You Want to Write A Romance (HCMC), 3:30 PM-5:30 PM
- 7 The Woman Behind the Teddy Bear-Margarete Steiff (ADV), 1:00 PM-3:00 PM
- 11 Mystery: 19 Crimes 2 (HCMC), 10:00 AM-12:00 PM
Motown: Music That Moved the World (HCMC), 10:30 AM-12:00 PM
- 12 Art-Inspired Writing: Monet and Pissarro (HCMC), 6:00 PM-8:00 PM
- 13 Grief: Learn to Thrive and Not Just Survive Loss (HCMC), 10:00 AM-12:00 PM
Giants In the Park, Part I (HCMC), 1:00 PM-2:30 PM
So You Want to Write A Romance (HCMC), 3:30 PM-5:30 PM
- 14 The News Panel Lunch Club (HCMC), 1:00 PM-3:00 PM
Is Motorcycling for You? (HCMC), 6:00 PM-7:30 PM

LLI SPRING 2019 COURSE CALENDAR

MARCH, CONTINUED

- 18 Great Decisions Discussion (HCMC), 9:00 AM-11:00 AM
Essential Oils and Emotions (HCMC), 7:00 PM-8:00 PM
- 19 Why I'm Optimistic (GAR), 10:30 AM-11:30 AM
Romancing the Read Book Club (HCMC), 6:30 PM-8:30 PM
- 20 The J.F.K. Assassination (HCMC), 1:00 PM-3:00 PM
- 21 Cozy Mysteries Book Club (HCMC), 1:30 PM-3:30 PM
Is Motorcycling for You? (HCMC), 6:00 PM-7:30 PM
Artificial Intelligence: Changing Our World (HCMC), 6:30 PM-7:30 PM
- 22 Pablo Picasso: the Genius Who Changed Us (HCMC), 10:00 AM-12:30 PM
- 28 Checking In on Germany's Current Affairs (FVS), 1:00 PM-2:30 PM
Artificial Intelligence: Changing Our World (GAR), 1:30 PM-2:30 PM

APRIL

- 1 Great Decisions Discussion (HCMC), 9:00 AM-11:00 AM
Checking In on Germany's Current Affairs (HCMC), 1:00 PM-3:00 PM
- 2 Levi Strauss the Gold Rush and the Blue Jeans (HCMC), 1:00 PM-3:00 PM
- 3 Controversies with Conjoined Twins and Wrongful Life (HCMC), 1:00 PM-2:30 PM
- 4 You Are What You Write (BACOA), 1:30 PM-3:30 PM
- 8 Double-Stuffed, Caretaking and Grandparenting (HCMC), 6:30-9:30 PM
- 9 Checking In on Germany's Current Affairs (GAR), 1:00 PM-3:00 PM
- 10 Controversies with Conjoined Twins and Wrongful Life (HCMC), 1:00 PM-2:30 PM
- 11 The News Panel Lunch Club (HCMC), 1:00 PM-3:00 PM
Mystery: 19 Crimes 3 (FVS), 1:30 PM-2:30 PM
- 15 Great Decisions Discussion (HCMC), 9:00 AM-11:00 AM
Double-Stuffed, Caretaking and Grandparenting (HCMC), 6:30-9:30 PM
- 16 Why I'm Optimistic (GAR), 10:30 AM-11:30 AM
Impressionism I & II (HCMC), 1:00 PM-2:30 PM
Beatles: A Magical History Tour (HCMC), 2:00 PM-4:00 PM
- 18 Uffizi I & II (ADV), 10:30 AM-12:00 PM
- 22 Cozy Mysteries Book Club (HCMC), 1:30 PM-3:30 PM
The New Middle East (FVS), 1:30 PM-3:00 PM
Double-Stuffed, Caretaking and Grandparenting (HCMC), 6:30-9:30 PM

LLI SPRING 2019 COURSE CALENDAR

APRIL, CONTINUED

- 23** Movies, Music and Romance (HCMC), 10:00 AM-12:00 PM
Eating Your Way Across the Usa (HCMC), 10:30 AM-12:00 PM
Impressionism I & II (HCMC), 1:00 PM-2:30 PM
History of the 7 Barrington Suburbs (GAR), 1:30 PM-3:30 PM
Beatles: A Magical History tour (HCMC), 2:00 PM-4:00 PM
What We Are Learning from Yellowstone National Park (HCMC), 6:30 PM-8:30 PM
- 25** Uffizi I & II (ADV), 10:30 AM-12:00 PM
Telling My Story (BACOA), 1:30 PM-3:30 PM
- 26** Roots of Country Music (HCMC), 1:00 PM-3:00 PM
Eating Your Way Across the Usa (FVS), 1:30 PM-2:30 PM
- 30** Beatles: A Magical History tour (HCMC), 2:00 PM-4:00 PM
Romancing the Read Book Club (HCMC), 6:30 PM-8:30 PM

MAY

- 1** Wisconsin Supper Club (HCMC), 10:30 AM-12:00 PM
Mystery: 19 Crimes 3 (HCMC), 1:00 PM-3:00 PM
- 2** Uffizi I & II (HCMC), 1:00 PM-2:30 PM
Telling My Story (BACOA), 1:30 PM-3:30 PM
- 3** Roots of Country Music (HCMC), 1:00 PM-3:00 PM
History of the 7 Barrington Suburbs (HCMC), 1:30 PM-3:30 PM
- 6** Great Decisions Discussion (HCMC), 9:00 AM-11:00 AM
- 7** Paul Gauguin: the French Artist (HCMC), 10:30 AM-12:00 PM
The Non-Geek Guide to Cool Apps (HCMC), 1:00 PM-3:00 PM
Beatles: A Magical History tour (HCMC), 2:00 PM-4:00 PM
- 9** Uffizi I & II (HCMC), 1:00 PM-2:30 PM
History of the 7 Barrington Suburbs (BACOA), 1:30 PM-3:30 PM
- 10** Grief: Learn to Thrive and Not Just Survive Loss (FVS), 1:00 PM-2:00 PM
You Are What You Write (HCMC), 1:30 PM-3:30 PM
- 14** Why I'm Optimistic (GAR), 10:30 AM-11:30 AM
A Tribute to the Greatest Generation (HCMC), 1:00 PM-2:30 PM
- 17** Grief: Learn to Thrive and Not Just Survive Loss (FVS), 1:00 PM-2:00 PM
- 20** Great Decisions Discussion (HCMC), 9:00 AM-11:00 AM
Chicago-Yesterday, Today and Tomorrow (HCMC), 1:00 PM-2:30 PM
- 23** The Presidency of Harry Truman (BACOA), 1:30 PM-3:30 PM

GENERAL INFORMATION

GENERAL INFORMATION

The mission of the Lifelong Learning Institute is to provide opportunities for members to meet their intellectual, cultural and social needs through shared learning. The Institute offers opportunities to explore a vast array of topics. Courses are developed, designed and taught in various formats and may be facilitated by faculty, professionals or members.

Become an LLI member for full access to LLI programming or take a non-member class to see what LLI is all about. Either way, you'll find great discussions, new friendships and the joy of learning among your peers.

MEMBERSHIP

By purchasing an LLI membership, you gain access to the educational program specifically designed with the 50+ community in mind. LLI members enjoy exclusive members-only classes and book discussion groups, as well as a discount on other designated classes. LLI membership is available per term (Spring \$25, Summer \$20, Fall \$25) or as an annual membership for \$50 (including Fall, Spring and Summer terms). Note: current annual memberships are valid for Fall 2018, Spring 2019 and Summer 2019 terms. 2019-2020 annual memberships will be available for Fall 2019, Spring 2020 and Summer 2020 terms.

Join today and receive benefits including a free ticket to Harper's Community Music and Arts Center performance of The World Music Ensemble; a discount on all Harper Ensemble Theatre Company performances; an LLI course brochure delivered to you each term; and a discount at the Harper Bookstore.

Explore your passion with an LLI membership! **Membership is available to purchase online at ce.harpercollege.edu. Call 847.925.6300 with membership questions.**

COURSES, CLOSURES AND CANCELLATIONS

Each semester, LLI offers a mix of short-term lectures, workshops and courses, with no prerequisites, grades, homework or exams. Some instructors may suggest readings or other materials to enhance course participation, but no educational or professional background is required.

Classes fill quickly. Register early and identify alternate classes in the event your first choice is closed. Courses will be cancelled if enrollments do not reach required minimums. Course information and fees are subject to change without notice.

PAYMENT

Membership and course fees are payable by credit card.

REGISTER ONLINE at ce.harpercollege.edu

CONTACT LLI

By Phone: 847.925.6300

In Person: Continuing Education Registration Desk
Wojcik Conference Center (Building W), First Floor Lobby
Monday - Friday, 8:30 a.m. - 4:30 p.m.



Harper College®

1200 West Algonquin Road
Palatine, Illinois 60067-7398

Harper now offers LLI night classes in addition to our popular daytime courses. Please join us for a class that fits your schedule.

IS MOTORCYCLING FOR YOU?

This two-week class will help you decide if you are right for motorcycle riding and if motorcycle riding is right for you.

Topics include:

- Reviewing the preparations and costs that are involved
- Comparing two-wheel and three-wheel motorcycles
- How to test and learn the basics before deciding
- And more!

Learn more on page 20.



LIFELONG LEARNING

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